

Health & Social Care

Level 3 Diploma

Cambridge Technical

OCR

Health and Social Care is a subject that is embedded within our daily habits, routines and needs. It is not just the study of physiological disorders or healthcare settings. It is a holistic course that gives insight into the healthcare system, its goals, strategies to promote public health, legislative measures to implement vital changes and the eventual impact these have on the service user and their health.

Course Structure

The qualification offers an extensive range of internally assessed units with practical and wider project-based assessment opportunities, as well as examined units. The course starts off with mandatory coursework units 1: Building Positive Relationships in HSC and 18: Caring for Older People. This allows you as learners to quickly adapt to the transition from L2 to L3. These are followed by an externally examined Unit 2: Equality, Diversity and Rights and Unit 14: Impact of LT Physiological Disorders which are challenging units and require the foundation of knowledge built through Units 2 and 18. Unit 3: Health Safety and Security and Unit 7: Safeguarding conclude the first year of the course and are both external exam units. The second year follows the same pattern of coursework units to start, this time unit 21: Looked After Children. This is followed by two examined units, Unit 4: Anatomy and Physiology and Unit 6: Personalisation and Person Centred Approach. The second year is concluded with coursework units 5: Infection Control, unit 8: Therapeutic Play for Children and unit 24: Public Health.

Skills & Knowledge

As a result of studying Health and Social Care you will be able to have the opportunity to gain broad knowledge and understanding of, and develop skills in various key aspects of healthcare, social care or childcare. You will develop both practical subject specific skills through a variety of practical tasks and gain transferable skills that will support you in higher education and the work environment, such as employability skills, research, analysis, communication, meeting deadlines, working with others, working independently, problem-solving, IT skills, organisation and self-reflection.

Assessment

The course is made up of twelve units. Of the twelve, five are exam units, which are externally assessed and seven are coursework units, of which two are externally moderated and five are internally assessed and moderated.

Opportunities & Enrichment

Health and Social Care as a subject is diverse and covers many topics. This allows for many opportunities to build on your knowledge base but particularly your academic and life skill set. For example, the Debate Society through Enrichment allows you to build on confidence, public speaking and problem solving; all relevant not only for practical day to day routines but also for core content within the curriculum. Cooking Club allows you to see the benefits of alternative and therapeutic activities to reduce stress.

Future Careers & Pathways

Many Health and Social Care students naturally gravitate towards careers which lend to a caring nature. This includes more traditional roles such as midwifery, paediatric nursing, adult mental health nursing, social worker, youth worker to the peripheral roles such as early years counsellor, radiographer, occupational therapist, physiotherapist, psychologist and teaching. Students make informed decisions at A Levels about subject combinations to enable them to pursue more scientific fields; for example, Biology and Health and Social Care Diploma has allowed students to pursue Biomedical Science degree at university.

